



REDESIGN BELONGING

Design Brief - WP4

WHAT DO PEOPLE MEAN BY “BELONGING”

SAFETY

- Having legal documentation
- visa/residence permit
- Job security

COMMUNITY & HUMAN CONNECTION

- Connections with other migrant women to share experiences
- Connections with local people, also to get insights about the culture from them
- Having friends &

SELF-REALISATION

- Being seen as a full person by the host society/country
- Being able to keep your own culture without being perceived as a threat
- Having a routine in the host country
- Sense of control/autonomy
- Practicing hobbies/recreational activities

KNOWLEDGE ABOUT THE CULTURE/SOCIETY

- Speaking the language

ACCESS TO INFORMATION

- Knowledge of one's rights

WHAT "BELONGING CHALLENGES" DO PEOPLE FACE

DISCRIMINATION

- Hate crimes
- Police brutality/discrimination
- Racism
- Sexism
- Exploitation
- Being treated as a threat by host society
- Not being seen as intelligent
- Being treated as a threat by host
- Exoticising
- Structural discrimination (e.g. in educational system)

SOCIAL ISOLATION/MARGINALISATION

- Feeling of "not fitting in" due to cultural barriers
- Few social connections/difficulty forming friendships
- Being separated from one's family
- Lack of places to facilitate cross-cultural social interaction
- Difference in cultural norms making it difficult to connect
- Lack of motivation by locals to connect
- Homesickness, maintaining stronger relationships to home country
- Lack of affordable & accessible recreational activities

WHAT "BELONGING CHALLENGES" DO PEOPLE FACE

JOB SECURITY

- Entering the job market
- Securing a lasting job
- Pressure to work in unqualified fields
- Jobs discrimination for people with disabilities

KNOWLEDGE GAPS

- Not knowing one's rights
- Difficulty accessing information due to fractured/not centralised information

CULTURAL MISUNDERSTANDINGS

- Not knowing the language
- Lack of language courses
- Lack of empathy/understanding from host country society
- Lack of programs/services providing cultural awareness/understanding

PUBLIC SERVICE INACCESSIBILITY

- Registering for health care
- Feeling of not being taken seriously by medical professionals
- Arbitrary & complicated social service system

WHAT "BELONGING CHALLENGES" DO PEOPLE FACE

ADMINISTRATIVE STRUGGLES

- Difficulty navigating bureaucracy
- No recognition of qualifications/certifications from home country
- Excessive bureaucratic regulations regarding jobs, housing, visas, education

UNCERTAINTY

- Lack of social security
- Feeling unsure about the future
- Lack of information
- Feeling unsafe in public places
- Health issues

DESIGN OPPORTUNITIES

REDEFINING BELONGING - shifting understanding of & finding new terms for what it means to belong

ADDRESSING IGNORANCE/STEREOTYPES/DISCRIMINATION - working to address the prejudice the host society holds against migrants

SECURITY - creating systems that provide security in administration, financial, job, housing, etc. to decrease feelings of uncertainty

INFORMATION ACCESS - creating systems & services that gather all important information, allow for filtering & translation

PROFESSIONAL SUPPORT - creating systems to help with finding employment, maintaining a job and building a stable career

SOCIAL SERVICES - creating services that support migrant women with their unique responsibilities & struggles

SENSORY ACTIVATION - engaging in sensory activating activities and seeking stimuli to remind yourself of your home culture & create new pleasant experiences

DESIGN OPPORTUNITIES

SPACES- creating spaces that address the specific needs of migrant women & foster cultural dialogue with the host country community

MENTAL HEALTH SUPPORT - providing services, products, systems, etc. to support & build people's mental health, and working on their mindset

SELF-FULFILLMENT - creating a strong sense of self and opportunities to reinvent yourself & discover new things about yourself

COMMUNITY BUILDING - creating experiences & spaces to bring people together, foster initial meeting and continuous contact

CULTURAL LEARNING - learning the culture of the host country to immerse yourself in the country & society

RECREATIONAL ACTIVITIES - engaging in recreational activities to spark sense of joy

DESIGN OPPORTUNITIES

REDEFINING BELONGING

- re-design the word integration and see it as co-existence

ADDRESSING IGNORANCE/STEREOTYPES/DISCRIMINATION

- Increasing trust to employ, recognising existing skills/degrees more effectively

SECURITY

- Financial security funds for unemployed, refugees, etc.
- "Freedom budget" to improve personal finances
- Platforms to manage administrative responsibilities

INFORMATION ACCESS

- Information gathering in one place
- Filtering relevant information

PROFESSIONAL SUPPORT

- Creating meeting spaces for employers & migrants
- Creating opportunities to show your work skills

SOCIAL SERVICES

- Proving spaces where children can be without parental supervision

SENSORY ACTIVATION

- Food/taste
- Smell
- Color
- Being outside

DESIGN OPPORTUNITIES

SPACES

- Safe spaces for women
- Family cafes & associations

MENTAL HEALTH SUPPORT

- Offering new perspectives
- Mindset shift to increase resilience
- Having time & space to process one's emotions

SELF-FULFILMENT

- Exploring new hobbies
- Finding purpose

COMMUNITY BUILDING

- Connecting migrant women to each other to share experiences/feelings
- Creating connections based on similar interests/hobbies
- Systems of mutual help & support

CULTURAL LEARNING

- Language support groups
- Watching news/listening to radio from host country
- Cultural events
- Facilitating cultural awareness/knowledge sharing

RECREATIONAL ACTIVITIES

- Working out
- Being outside
- Creating art